

Patient Information Sheet

| Patient Name: | Date:_ | |
|---|-------------------------------|----------------------------|
| Address: Street: | City : | Zip: |
| Telephone: Cell: | Cell Carrie | er: |
| Email: | | |
| Date of Birth: Sex M F So | cial Security Number: | |
| Married () Single () Widowed () Divor | cced () Name of Spouse: _ | |
| Employer Name: | Address: | |
| Employer Telephone Number: | Job Description: | |
| Health Insurance: Yes () No () Insurance | ce Carrier Name: | |
| Insurance I.D. Number: | _ Group Number: | |
| Reason For Today's Visit: | | |
| 1.MVA Only: | | |
| Date of Collision: Location of C | Collision: | |
| Describe Accident: | | |
| | | |
| Rear End Collision () Head On Collision (| | |
| Driver () Passenger Front seat () Pass | senger Rear seat () Weari | ng Seatbelt Yes () No () |
| If "driver", were your hands on the wheel? | Both/Right/Left | |
| Did Air bags deploy? Yes/No | | |
| Did you strike another vehicle? Yes/No D | id another vehicle strike you | r vehicle? Yes/No |
| Was your headrest set? Low/Middle/High | | |
| | | |

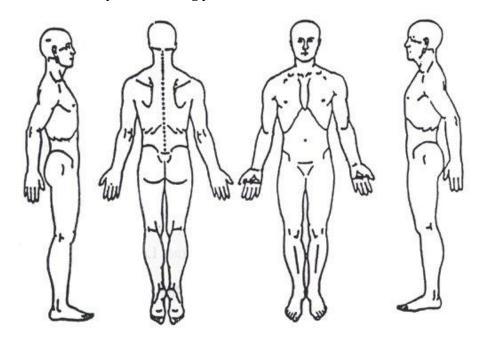
| Which direction was your head facing at time of impact? Straight/left/right/behind |
|--|
| Was your vehicle drivable after the collision? Yes/No Was your vehicle towed? Yes/No |
| What type of vehicle were you driving? Make Year Model |
| What was your approximate speed at the time of impact?MPH |
| What type of Vehicle was the other Vehicle? Make Year Model |
| What was the approximate speed of the other vehicle at the time of impact?MPH |
| Did you feel pain immediately after the collision? Yes/No |
| Did you black out at the time of the impact? Yes/No |
| Did you strike anything in the vehicle at the time of impact? Yes/No |
| If yes, what body part did you strike and describe you struck it on? |
| Were the police at the scene of the collision? Yes/No Did any one receive a ticket? Yes/No |
| Were you injured as a result of the collision? Yes/No |
| Check what part of your body was injured: |

| Head | Face | Jaw | Neck | Middle Back | Low back |
|---------|----------|-----------|-----------|-------------|----------|
| Chest | Ribs | Arm R/L | Elbow R/L | Wrist R/L | Hand R/L |
| Hip R/L | Knee R/L | Ankle R/L | Foot R/L | Other | |

| Knee K/L | Ankie K/L | FOOT K/L | Otner | |
|------------------------|---|---|--|--|
| omp Only: | | | | |
| red while at work | ? Yes/No | | | |
| | | | | |
| l Only: | | | | |
| red due to a slip a | nd fall? Yes/No | | | |
| fall: | _ | | | |
| | | | | |
| nergency room? | Yes/No | | | |
| you taken? Am l | oulance/Police c | ar/Private Tran | sportation | |
| al | 46 Prince Stree | t, Suite 201 | No How long: | |
| | red while at work Only: red due to a slip a fall: mergency room? | red while at work? Yes/No LOnly: red due to a slip and fall? Yes/No fall: mergency room? Yes/No e you taken? Ambulance/Police of the color o | ced while at work? Yes/No Conly: Ted due to a slip and fall? Yes/No fall: mergency room? Yes/No e you taken? Ambulance/Police car/Private Trans | mp Only: red while at work? Yes/No Only: red due to a slip and fall? Yes/No fall: mergency room? Yes/No e you taken? Ambulance/Police car/Private Transportation al Did you stay overnight? Yes/No How long: 46 Prince Street, Suite 201 |

| Where X-rays taken? Yes/No If Yes Describe: |
|--|
| Was a CT Scan or MRI performed? Yes/No If yes describe: |
| Where you given any medication? Yes/No If yes, describe: |
| Have you lost any time from Work: Yes/No If Yes how much time: |
| Are you still out of work: Yes/No Are you on light Duty: Yes/No |
| Have you seen any other doctor for these injuries: Yes/No Doctors Name Address |
| When did you see this doctor? How many times? |
| Please check the level of pain you are experiencing for each symptom: |
| 1. Pain Area: |
| 0 (no pain) 05 |
| Burning Stabbing Tingling Achy Sharp Dull |
| 2. Pain Area: |
| 0 (no pain) 05 |
| Burning Stabbing Tingling Achy Sharp Dull |
| 3. Pain Area: |
| 0 (no pain) 05 |
| Burning Stabbing Tingling Achy Sharp Dull |
| 4. Pain Area: |
| 0 (no pain) 05 |
| Burning Stabbing Tingling Achy Sharp Dull |
| 5. Pain Area: |
| 0 (no pain) 05 |
| Burning Stabbing Tingling Achy Sharp Dull |

Please mark the areas you are having pain with an X:



| hat activities of daily | y living cat | use you to l | nave increa | sed pain: I | ist them he |
|-------------------------|--------------|--------------|-------------|--------------|-------------|
| | | | | | _ |
| | | | | | _ |
| | | | | | _ |
| | | | | | _ |

Can you sleep all night? Yes/No

Are you having trouble sleeping? Yes/No

Is your pain? Getting Worse/Staying the Same/Getting Better

Can you get dressed without pain: Yes/No

Has your appetite changed? _____

Which of the following cause you to have increased pain:

| Sitting | Standing | Walking | Twisting |
|-----------|-----------------|-----------------|-----------------|
| Bending | Lifting | While in bed | Climbing Stairs |
| Turning | Turning in Bed | Up from Sitting | Bowel Movement |
| Urinating | Sexual Activity | Other | |

| Describe any other move | ements that cause increased pa | in: | |
|---------------------------------|----------------------------------|-------------------------|--------------------|
| Were you ever injured in | n a motor vehicle collision befo | re? Yes/No If ye | s, when |
| What parts of your body | was injured in that collision?_ | | |
| 5. Past Medical History | <u>v</u> | | |
| Have you ever had any r | major surgeries? Yes/No Date | :? | - |
| What type of surgery did | d you have? | | |
| Previous Injuries or Tra | uma? | | |
| Have you ever broken a | ny bones? Which? | | |
| Allergies: | | | |
| Have you ever been diag | gnosed with any of the followin | g: Check as man | y as appropriate: |
| Heart Disease | High Blood Pressure | Diabetes | High Cholesterol |
| Cancer | HIV | Asthma | Measles |
| Mumps | Respiratory Problems | Mono | STD |
| Osteoarthritis | Hepatitis A B C | COPD | Sleep Apnea |
| Blood in Urine | Rheumatoid Arthritis | Stroke | Mental Disorders |
| Blood in Stool | Digestive Problems | GERD | TMJ |
| What Medications are yo | ou taking – Please List them: | | |
| Is there anything else in here? | your past medical history that | you feel is impoi | rtant to your care |

6. Family Health History

Do you have a family history of any of the following?

| Cancer | Stroke | Headaches |
|---------------------|--------------------|------------------|
| Cardiac Disease | Neurologic Disease | Cancer before 40 |
| Psychiatric Disease | Diabetes | Other |

| Mother: Living() Deceased() Fa Brothers: Living() Deceased() S | |
|---|--|
| Do you have Children: Yes/No Hov | Many? Ages? |
| and hearby authorize this office to pr | I certify it to be true and correct to the best of my knowledge, ovide me with chiropractic care, in accordance with this be billed, I authorize payment of medical benefits to Quality ormed. |
| Patient Signature: | Date: |

HIPAA NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy describes how we may use and disclose your protected health information (PHI) to carry our treatment, payment or health care operations (TPO) for other purposes that are permitted or required by law. "Protected Health Information" is information about you, including demographic information that may identify you and that related to your past, present, or future physical or mental health or condition and related care services.

Use and Disclosures of Protected Health Information: Your protected health information may be used and disclosed by your physician, our staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, pay your health care bills, to support the operations of the physician's practice, and any other use required by law.

Treatment: We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your health care information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

Payment: Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

Healthcare Operations: We may disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, marketing, and fund raising activities, and conduction or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations included as required by law, public health issues, communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors, and organ donation. Required uses and disclosures under the law, we must make disclosures to you when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

OTHER PERMITTED AND REQUIRED USES AND DISCLOSURES WILL BE MADE ONLY WITH YOUR CONSENT, AUTHORIZATION OR OPPORTUNITY TO OBJECT UNLESS REQUIRED BY LAW.

| | | | tion, at any | | | | | | | | |
|-------------|------------|-----------|--------------|----------|----------|----------|-----------|-----------|----------|-------------|-----|
| physician's | s practice | has taken | an action in | reliance | on the u | ise or d | isclosure | indicated | d in the | authorizati | on. |
| | | | | | | | | | | | |

| Signature of Patient of Representative Date | |
|---|--|

INFORMED CONSENT TO CHIROPRACTIC TREATMENT

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as "informed consent" and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures if indicated. Any examinations or tests conducted will be carefully performed but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including but not limited to hot packs and ice, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as a cervical arterial dissection that involves an abnormal change in the wall of an artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. This occurs in 3-4 of every 100,000 people whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately a percentage of these patients will experience a stroke. As chiropractic can involve manually and/or mechanically adjusting the cervical spine, it has been reported that chiropractic care may be a risk for developing this type of stroke. The association with stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

SIGN ONLY AFTER YOU UNDERSTAND AND AGREE TO THE ABOVE

| Printed name of Patient | |
|--|----------------------------|
| x | |
| Signature of Patient | Date |
| x | |
| Signature of Representative (if patient is r | ninor or handicapped) Date |
| x | |
| Witness to Patients' Signature | Date |
| | |

HIPAA COMPLIANT AUTHORIZATION FOR THE RELEASE OF PATIENT INFORMATION PURSUANT TO 45 CFR 164.508

| TO: | QUALITY LIFE HEALTH CARE LLC. | |
|-------------------|--|--------------|
| | 46 Prince Street | |
| | Suite 201 | |
| | New Haven, CT 06473 | |
| RE: Pa | ntient Name: | |
| Da | ate of Birth: Social Security Number: | |
| | I authorize and request the disclosure of all protected information for the purpose of review and nection with a legal claim. I expressly request that the designated record custodian of all covered HIPAA identified above disclose full and complete protected medical information including the | l entities |
| □Al | l medical records | |
| □Al | l physical, occupational and rehab requests, consultations and progress notes. | |
| \square Al | l disability, Medicaid or Medicare records including claim forms and record of denial of benefits | s. |
| \square Al | l employment, personnel or wage records. | |
| co | I radiology records and films including CT scan, MRI, MRA, EMG, bone scan, myleogram; nerenduction study, echocardiogram and cardiac catheterization results, videos/CDs/films/reels and ports. | ve |
| \square_{A1} | l pharmacy/prescription records including NDC numbers and drug information | |
| | uts/monographs. | |
| □Al | l billing records for the period to | |
| disease drug a | rstand the information to be released or disclosed may include information relating to sexually trees, acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV), and buse. I authorize the release or disclosure of this type of information. rotected health information is disclosed for the following purposes: | |
| | uthorization is given in compliance with the federal consent requirements for release of alcohol or records of 42 CFR 2.31, the restrictions of which have been specifically considered and expressly | |
| | re authorized to release the above records to the following representatives of defendants in the above have agreed to pay reasonable charges made by you to supply copies of such records: | ove-entitled |
| Name | | |
| Signat | ure | |
| Street | Address | |
| City, S | State and Zip Code | |



NOTICE OF DOCTOR'S LIEN

I do hereby authorize Quality Life Health Care, LLC to furnish you, my attorney, with a full report of my examination, diagnosis, treatment, prognosis, etc., of myself in regard to the accident in which I was recently involved.

I hereby authorize and direct you, my attorney, to pay directly to said provider such sums as may be due and owing him for medical service rendered to me both by reason of this accident and by reason of any other bills that are due to this office and to withhold such sums from any settlement, judgment or verdict as may be necessary to adequately protect said provider. I hereby further give a Lien on my case to said doctor against any and all proceeds of my settlement, judgment or verdict which may be paid to you, my attorney, or myself, as the result of the injuries for which I have been treated or injuries in connection there with.

I agree never to rescind this document and that a rescission will not be honored by my attorney. I hereby instruct that in the event another attorney is substituted in this matter, the new attorney honor this lien as inherent to the settlement and enforceable upon the case as if it were executed by him.

I fully understand that I am directly and fully responsible to said provider for all medical bills submitted for service rendered to me and that this agreement is made solely for said provider's additional protection and in consideration of his awaiting payment. I further understand that such payment is not contingent on any settlement, judgment or verdict by which I may eventually recover said fee.

Please acknowledge this letter by signing below and returning to the provider's office. I have been advised that if my attorney does not wish to cooperate in protecting the provider's interest, the provider will not await payment but shall declare the entire balance due and payable.

| Patient's Signature _ | | _ Date | |
|---|---|---|--|
| observe all the term judgment, or verdict named. Attorney fur | ing attorney of record for s of the above and agrees t, as may be necessary to ther agrees that in the ex ed attorney fees and cost | s to withhold such sums adequately protect said went this lien is litigated t | from any settlement, provider above |
| | | | |